

Here at Atlas, we are passionate about food. We offer an extensive menu of business lunches and buffets suitable for all occasions.

Independently owned and situated in the heart of Nottingham, we carefully source our ingredients from a wide range of suppliers to ensure our food is unrivalled in the citu.

"Everything that could be said about Atlas has been said over the years, but quite simply it's the natural choice for anyone wanting a lunchtime bite"... and the "best coffee in Nottingham"

Hardens Restaurant Guide 2014

"Great food, great coffee, great staff who care about the produce and the customer experience. Highly recommended."

Google Review ★★★★★

"For lunch this is one of the top places in the city centre. Independent and affordable, the quality is right up there and the coffee is amazing. Try something new that you might not think of at first off the menu and you won't be disappointed!"

Trip Advisor May 2014



Atlas Signature Buffets

Minimum 8 people

Breakfast Meeting £6.45 pp Selection of pastries and muffins Fresh fruit platter

Express Lunch
£6.85 pp
An appetizer, a sandwich and a slice of cake

Go Large Express Lunch
£8.95 pp
As Express Lunch but with one and a half rounds
of sandwiches and a piece of fruit

Boardroom Meeting £11.45 pp An appetizer, a sandwich, a side salad, a piece of fruit and a slice of cake

Atlas Sandwich Platter £27.20 for 8 people A mix of vegetarian and non vegetarian sandwiches Each additional person add £3.40



Atlas Side Salads £2.45 pp Minimum 8 persons per dish Each additional person add £2.45

Pesto Pasta Salad with Sun Sweet Tomatoes, Parmesan and Seeds Potato Salad with Spinach, Crispy Bacon, and Sweet Mustard Ketchup Vegetable Rice Salad Blue Cheese, Walnuts and Bacon with Mayo

Fresh Fruit Platter £23.60 for 8 people Each additional person add £2.95

Party Buffet

Any combination to suit your requirements

Savouries
Sandwiches
Salads
Meat Platter
Cheese Platter
Antipasti
Cakes
Desserts
Fresh Fruit Platter

Please ring or email for a quote to suit your budget

Atlas Salads

Freshly made to order Individual Salad Boxes £4.65

Salad base of mixed leaves, cucumber, cherry tomato, mixed peppers, beetroot, seeds and olives

Add one topping and choose your dressing Extra topping add 80p

Cheese Mature Cheddar, Stilton, Goats, Brie, Mozzarella or Emmental

Meats Roast Ham, Pastrami, Proscuitto, Chicken Breast, or Crispy Bacon

Fish Tuna Mayo or Smoked Salmon

Other Houmous. Mediterranean Roasted Veg or Egg Mayo

Dressings Balsamic, French, Mayonnaise, Sweet Chilli Jam or Sweet Mustard Ketchup

Atlas Signature Sandwich Menu

Vegetarian

Mozzarella • Basil Pesto • Sun Dried Tomatoes

Lentil Pate · Cranberry Sauce · Mixed Leaves

Stilton • Mango Chutney • Green Salad

Brie • **Guacamole** • **Sun Sweet Tomatoes** Atlas Roast Vegetables • Cream Cheese

• Basil Pesto

Free Range Egg Mayo · Parmesan · Red Onion · Seeds · Spinach

Goats Cheese • Sweet Olive Jam
• Sunsweet Tomatoes

Houmous · Seeds · Spinach · Salad

Meats

Bacon • Free Range Egg Mayo • Plum Tomato • Lettuce

Pastrami ∘ Swiss Cheese ∘ Dill Pickles ∘ Wholegrain Mustard

Proscuitto • Mozzarella • Basil Pesto • Plum Tomato

Roast Ham · Mature Cheddar · Tomato Relish

Chicken • Bacon • Parmesan • Spinach • Sweet Mustard Ketchup

Proscuitto • Sweet Olive Jam

∘ Parmesan ∘ Plum Tomato

Chicken Breast • Plum Tomato

• Green Salad • Mayonnaise

Fish

Tuna Mayonnaise • Basil Pesto • Plum Tomato

Smoked Salmon • Cream Cheese



Delivery service

City Centre £4.00 Within 5 miles of City Centre £6.50

Atlas Deli Ltd.
9 Pelham St
Nottingham
NG1 2EH
Tel: 0115 950 1295
Email - lunch@atlasdeli.co.uk

Open 7 days a week

If you have any food allergies
please let us know
All products are subject to availability

